



It should be a time full of hope, but pregnancy can leave some women more vulnerable than ever. Domestic violence and abuse in pregnancy is more common than you think.



Did you know domestic abuse during a pregnancy has similar rates as gestational diabetes? If you suspect a woman may be experiencing domestic abuse, or if a woman discloses domestic abuse to you, **please refer to the hospital's Medical Social Work Team**. Learn how to spot the signs at **Womensaid.ie**

Anyone can experience domestic abuse, including hospital staff. A 2018 survey from the UK Royal College of Midwives members found that 82% of midwives and maternity support workers had experienced domestic abuse in their working lifetime.

If you or someone you know is experiencing abuse, help is there. Contact Women's Aid on the 24 Hour Freephone Helpline **1800 341 900** or use the Instant Message Support Service on **www.womensaid.ie**, every morning and evening, 7 days a week.

Working in partnership to listen, believe, support and empower women experiencing domestic abuse.

